FIRST OF ALL... BRUNCH



ORDER AT TABLE

Order and pay from the comfort of your table. Scan the QR code to start ordering now.

BRUNCH

Served every day until 12pm.

THE FULL BREAKFAST | 11.95 British pork sausages, smoked streaky bacon, free range eggs, roasted mushroom, tomato, baked beans & toasted sourdough | 808kcal

EGGS BENEDICT | 9.95

Toasted English muffin topped with ham and poached free range eggs, served with omega & sesame seed sprinkle & lemon hollandaise 728kcal

Add avocado (V) | 198kcal 2

SHAKSHUKA BAKED EGGS (V) | 9.95

Two free-range eggs baked in a spicy chickpea & tomato stew, with wilted spinach, chilli flakes & toasted sourdough | 668kcal Choose to top with chorizo | 247kcal or feta (V) | 276kcal

THE VEGGIE BREAKFAST (V) | 11.95

Meatless Farm™ sausages, free range eggs, roasted mushroom, tomato, baked beans, beetroot hash & toasted sourdough | 628kcal

EGGS FLORENTINE (V) | 10

Toasted English muffin topped with sautéed spinach, roasted mushrooms and poached free range eggs, served with omega & sesame seed sprinkle & lemon hollandaise | 732kcal Add avocado (V) | 198kcal 2

EXTRAS

SOURDOUGH (V)	1.5
368kcal	
AVOCADO (V)	2
238kcal	
MUSHROOMS (VE)	2
128kcal	
FETA (V)	2
282kcal	
SMOKED SALMON	3
105kcal	
CHORIZO	2
247kcal	
SMOKED STREAKY BACON	1.5
105kcal	

BACON SANDWICH | 7.5 With tomato sauce | 615kcal

SAUSAGE SANDWICH | 7.5

With tomato sauce | 807kcal Swap to Meatless Farm™ sausages (VE) | 667kcal

TRUFFLED SCRAMBLED EGGS | 7.5

With smoked streaky bacon on buttered sourdough drizzled with truffle-infused oil | 760kcal ,

Love this!

SMASHED AVOCADO & FETA ON RUSTIC TOAST (V) | 9.95

Topped with chilli, spring onion & coriander | 566kcal

THE VEGAN BREAKFAST (VE) | 11.95

Scrambled tofu with spinach, Meatless Farm™ sausages, tomato and chickpea stew, roasted mushroom, avocado & beetroot hash | 678kcal

EGGS ROYALE | 10.5

Toasted English muffin topped with Scottish smoked salmon and poached free range eggs, served with omega & sesame seed sprinkle & lemon hollandaise | 765kcal Add avocado (V) | 198kcal 2

BANANA & BERRY BOWL (VE) | 6.5 Granola, fresh berries & non-dairy coconut yoghurt alternative | 269kcal

SWEET BELGIAN WAFFLES (V) | 9

Maple syrup, strawberries, banana, blueberry compote & non-dairy coconut yoghurt alternative | 1016kcal

Proudly supporting

Shelter

We're partnering with Shelter to make sure your meal makes a difference.

For each sale of any of our breakfast dishes, 25p goes towards helping families struggling with bad housing and homelessness.

HOT DRINKS

ESPRESSO 84kcal	
AMERICANO 109kcal	2.75
MACCHIATO 109kcal	2.95
CAPPUCCINO 184kcal	2.95
FLAT WHITE 133kcal	2.95
MOCHA 299kcal	2.95
LATTE 183kcal	2.95
HOT CHOCOLATE 298kcal	2.95

Our 100% Arabica, Rainforest Alliance Certified coffee beans are ethically sourced from fincas (farms) in the highlands of Brazil and Colombia to ensure the best quality in taste and flavour.

All of our hot drinks are served with chocolate beans.

AVAILABLE TO TAKE AWAY.

CUSTOMISE | Add an espresso shot (41kcal) for 50p | Add Caramel (79kcal) or Vanilla (85kcal) flavoured syrup for 50p. Swap to oat milk (53kcal).

TEAS | Breakfast 109kcal | Earl Grey 109kcal | Rooibos 109 kcal |
Camomile 84kcal | Peppermint 84kcal | Green 84kcal | 2.75

PASTRIES

CROISSANT (V) | 2.95 Served with butter and jam | 542kcal

PAIN AU CHOCOLAT (V) | 2.95 With a chocolate filling | 304kcal

SMOOTHIES

AVO-GO-GO (VE) | 3.95 Spinach, avocado, ginger & lime | 190kcal

BERRY BLAST (VE) | 3.95 Strawberry, raspberry & blackberry | 139kcal

SUPER C (VE) | 3.95 Passion fruit, pineapple & mango | 153kcal

Adults need around 2000kcal a day

COCKTAILS

After all, a brunch without cocktails is just a sad, late breakfast. Licensing hours apply.

APEROL SPRITZ BELLINI DAIQUIRI

Our easy to use allergen guide is available for you to use on the food section of our website or on our Glass Onion app. We keep it online so that it's always as up to date as possible and you can filter out dishes containing any of the 14 major allergens. If you can't access the internet, we will be happy to provide you with the information. Our food and drinks are prepared in food areas where cross contamination may occur and our menu descriptions do not include all ingredients. If you have any questions, allergies or intolerances, please let us know <u>before</u> ordering.

(V) = made with vegetarian ingredients, (VE) = made with vegan ingredients, however some of our preparation, cooking and serving methods could affect this. If you require more information, please ask your server. *=contains alcohol. Fish dishes may contain small bones.

All calories are correct at the time of menu print. Live nutritional information is available online.

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